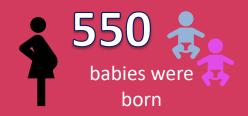


## **Couple Relationships and Transition Experiences**

3,283 participants contributed to Wave 3 of the study

## This year in the CREATE Study...



85% of participants are happy in their relationships





1,119 participants took a vacation

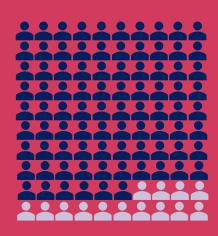
of participants believe that spirituality is an important part of their life



**52%** of participants communicate openly with their spouse about sex



417<sub>pets</sub> were adopted



86% of participants still say that their marriage is among their top

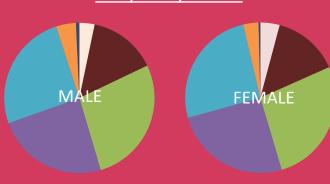
priorities



64% of participants feel understood by their partner



**Frequency of Sex** 



Participants slept

 $_{z}$  z z z z Z 6.7

hours on average each night

- Never
- Once to three times a month
- Two to four times a week ■ More than once a day
- Less than once a month
- About once a week
- Five to seven times a week

**Most commonly** shared activities between partners: Eating the main meal together



recreation



60% of participants engage in regular physical activity



participants **163** experienced infertility

813 participants took on additional financial obligations



of participants are able to act positively toward their partner after wrongdoing occurs





of participants believe household chores are divided fairly.

64% of individuals feel close to their spouse's family





Only 17% of participants spend more than 2 hours on social media per day

and only 30% experience interference from their smartphones in their marriage often