



CREATE

Couple Relationships and Transition Experiences

3,173 participants contributed to Wave 4 of the study



88% said they were happy in their marriage



172 participants experienced infertility

161 babies were born/adopted



The most commonly shared activities between partners were:

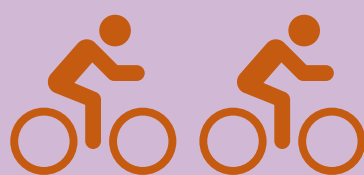
Walking



41% engaged in regular physical activity



Biking



Weightlifting



23% of participants took a vacation

23% talked openly about their sexual relationship with their partner



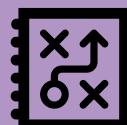
86% said their marriage was more important than anything else in their life



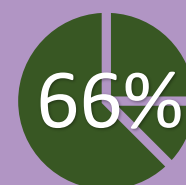
82% worked together with their partner as a team to accomplish their goals



35% felt satisfied with the strategies used to resolve disagreements with their partner



66% felt that household chores were divided fairly



13% of male participants reported depressive symptoms lately



15% of female participants reported depressive symptoms lately



33% felt that spirituality was an important part of their life



286 new pets were adopted



43% felt that their partner recognized their positive qualities



91% spent less than two hours on social media per day



71% didn't feel interference by their partner pulling out their phone during mealtime together



12% of participants took on new financial obligations



9% of participants changed residence



19% felt they were overall satisfied with their financial conditions



44% of single participants felt happy in their overall life satisfaction



5% had a change in relationship status



13% of single participants got a promotion or a raise at work



Since COVID-19



40% spent more time than usual on self care



77% spent more time with their partner during the pandemic



73% said they were happy in their marriage

