



CREATE

Couple Relationships and Transition Experiences



3,059 Participants Contributed
to Wave 6 of the Study



This Year in the **CREATE** Study...

198 Babies
born/adopted



86 couples
experienced
infertility



80% of couples
value teamwork in
their relationship

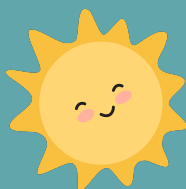


455 participants
got a new pet

54% of participants
engage in regular
physical activity



75% of
participants
took a vacation



84% of participants
feel satisfied with life

264 participants
have part-time jobs



2,155 participants
work full-time



173 participants
are in college



572 participants
started a new job

88% of
couples feel
satisfied in
marriage



80% of couples
talk openly with
their partner
about their sexual
relationship



76% of
couples eat
dinner
together

89% of couples feel
they communicate
openly about finances



47% of participants
worry about finances



67% of couples
feel satisfied with
their finances



232 couples had a
change in residence

Participants get an
average of **7** hours of
sleep at night



73% of couples
express gratitude
towards each other



388
participants
had to go to a
hospital



45% of
couples consider
spirituality as an
important part of
their lives



43% of
participants
practice
mindfulness